

## Senior Program September 2019 Activity Calendar at the City Wide Community Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2.</p> <p style="text-align: center;"><b>Labor Day Offices Closed</b></p> 	<p>3.</p> 	<p>4.</p> <p><u>Indoor Walking 9 - 11</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u></p>	<p>5.</p>	<p>6.</p> <p><u>Indoor Walking 9 - 11</u> <u>Knitting 10 - 12</u> <u>Adult Coloring 10 - 12</u> <u>Scrabble 10 - 12</u></p>
<p>9.</p> <p><u>Indoor Walking 9 - 11</u> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u></p>	<p>10.</p>	<p>11.</p> <p><u>Indoor Walking 9 - 11</u> <u>Zumba Gold 11 - 11:45</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u></p>	<p>12.</p> 	<p>13.</p> <p><u>Indoor Walking 9 - 11</u> <u>Scrabble 10 - 12</u></p>
<p>16.</p> <p><u>Indoor Walking 9 - 11</u> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u></p>	<p>17.</p> 	<p>18.</p> <p><u>Indoor Walking 9 - 11</u> <u>Zumba Gold 11 - 11:45</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u></p>	<p>19.</p>	<p>20.</p> <p><u>Indoor Walking 9 - 11</u> <u>Knitting 10 - 12</u> <u>Adult Coloring 10 - 12</u> <u>Scrabble 10 - 12</u></p>
<p>23.</p> <p><u>Indoor Walking 9 - 11</u> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u></p>	<p>24.</p>	<p>25..</p> <p><u>Indoor Walking 9 - 11</u> <u>Zumba Gold 11 - 11:45</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u></p>	<p>26.</p> 	<p>27.</p> <p><u>Indoor Walking 9 - 11</u> <u>Scrabble 10 - 12</u></p>

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### At a Glance.....

Adult Coloring Friday September 6 & 20, 10:00 – Noon

Bridge Every Monday 10:00 – Noon

Cribbage Every Monday from 10:00 – Noon, every Wednesday 1:00 – 4:00

Indoor Walking Every Monday, Wednesday and Friday 9:00 – 11:00

Knitting Friday, Friday September 6 & 20, 10:00 – Noon

Mah Jongg Every Wednesday, 1:00 – 4:00

Zumba Gold, Wednesday, Starting September 11, 11:00 – 11:45

**For a Senior Passport to participate, contact Becky  
at 230-4982 or [Rbukowski@ConcordNH.gov](mailto:Rbukowski@ConcordNH.gov).**



**Adult Coloring** Enjoy a morning of casual coloring! Coloring books, colored pencils and gel pens are available, or bring your own!

**Bridge** Looking for bridge partners? You are welcome to come to the community center for a game of bridge!

**Cribbage** – Looking for a cribbage partner? Come to the City Wide Community Center Monday at 10:00 or Wednesday at 1:00.

**Knitting** Learn to knit or bring your project and knit with us. We have everything you need!

**Mah Jongg** For experienced or new players (with some experience).

**Scrabble** Bring a friend and enjoy a fun game of Scrabble.

**Walking** Enjoy walking in the indoor comfort of the community center! Each time you walk 4 miles, add your name for a periodic drawing of a \$10 gift card to a local business.

**Zumba Gold** A fun low-intensity class (see flyer for details).

